# University of Virginia Student Wellness Resource Guide

## Peer Resources

### Peer Financial Counseling

Monday-Thursday, 1-5 p.m. Clemons Library, Room 245 PeerFinCounseling@Virginia.edu <u>sfs.virginia.edu/pfc</u>

### Project Rise

Confidential Counseling Services For African American Students. Luther P. Jackson House Tuesday-Thursday, Hours Vary oaaa.virginia.edu/project-rise

### Multicultural Student Services Peer Mentoring Programs

Identity-Based Peer Mentoring Programs for First Year and Transfer Students. (434) 924-9250 multicultural@virginia.edu

### Peer Health Educators

Student Health and Wellness Building (434) 924-1509 <u>studenthealth.virginia.edu/</u> <u>peer-health-educators</u>

## Health, Safety, & Wellness

### Student Health and Wellness

Weekdays, 8 a.m. - 5 p.m. Student Health and Wellness Building 550 Brandon Avenue (434) 924-5362

Medical Services Counseling & Psychological Services Student Disability Access Center Health Promotion & Wellbeing Nutrition Services WahooWell Sexual Violence and Education

### Women's Center

Maxine Platzer Lynn Women's Center 1400 University Avenue (434) 982-2361 womenscenterservices@virginia.edu

### Guardian Safety App

UVA has partnered with Rave Guardian to provide a mobile safety app. Available on the Google Play and the Apple App Store

### Dean On Call

24-Hour Crisis Management Services for UVA Students
8 a.m. - 5 p.m.: (434) 924-7133 After Hours: (434) 924-7166



# Housing & Transportation

### **Off-Grounds Housing Services**

Housing & Residence Life Gibbons House - 425 Tree House Drive (434) 924-3314 <u>housing.virginia.edu/area/1186/</u>

### Yellow Cab Service

Students Can Call Yellow Cab, Charge the Ride to UVA, and Pay Via Their Student Information System — No Questions Asked. (434.295.4131)

### UTS OnDemand

Log in to the TransLoc App with Your Univeristy NetBadge to Request a Ride Daily, 10 p.m. - 2 a.m. parking.virginia.edu/ondemand

# Food Resources

### **UVA Community Food Pantry**

Monday-Sunday, Hours Vary Newcomb Hall, Room 144 studenthealth@virginia.edu studenthealth.virginia.edu

### The Salvation Army

Open Daily, Hours Vary 207 Ridge Street (434) 295-4058

### Blue Ridge Area Food Bank Thomas Jefferson Area Branch

Weekdays, 8 a.m. - 4:30 p.m. 1207 Harris Street (434) 296-3663 dssonline@albemarle.org

### Loaves and Fishes Food Pantry

Wed., Thurs., & Sat., Hours Vary 2050 Lambs Road (434) 996-7868 info@cvilleloaves.org

### **Emergency Food Network**

Call Mon., Wed., Fri., 9 a.m. - Noon Pick Up Same Day, 1:30 - 3:30 p.m. 900 Harris Street (434) 979-9180